Mikkyo Handout #1

1. **The Vajra**
   - Name: Rin
   - Element: Earth
   - Action: Stillness
   - Form: Cube
   - Channel: Du Mai (the Governing Channel)
   - Correspondence: Grounding, rooting, centering, stability.
   - Imbalance: Stubbornness, uprooted.

2. **The Diamond**
   - Name: Pyo
   - Element: Water
   - Action: Movement
   - Form: Sphere
   - Channel: Ren Mai (the Conception Channel)
   - Correspondence: Adjusting, adapting, blending, unifying, combining with people, environments and situations
   - Imbalance: Overly yielding or too flexible.

3. **The Outer Lion / Dragon**
   - Name: Toh
   - Element: Fire
   - Action: Ascendance
   - Form: Cone
   - Channel: Chong Mai (the Penetrating Channel)
   - Correspondence: Confrontation, fighting for what one believes in, standing up for one's self, assertiveness.
   - Imbalance: Aggressiveness, overly mean.

4. **The Inner Lion / Dragon**
   - Name: Sha
   - Element: Air
   - Action: Expansion
   - Form: the 6 pointed star (3D- 2 pyramids)
   - Channel: Dai Mai (the Penetrating channel)
   - Correspondence: Compassion, love, emotion, evasiveness, elusiveness, healing
   - Imbalance: Cruelty, inability to express emotion, too compassionate.
5. The Outer Bonds Fist  Name: Kai  
Element: Vibration  Action: Communication  
Form: The Crescent Moon  
Channel: Yang Wei Mai (Yang linking Channel)  
Correspondence: Communication through vibration, premonition of danger or intent  
Imbalance: Unable to communicate because of fear for conflict or hurt feelings, overwhelmingly communicative.

6. The Inner Bonds Fist  Name: Jin  
Element: Vibration  Action: Inner communication  
Form: The Crescent Moon  
Channel: Yin Wei mai (Yin linking Channel)  
Correspondence: Knowing the thought of others, projecting thoughts to others, in tune with your inner voice.  
Imbalance: Not being in tune with the inner vibrations or spending too much time with inner voices.

7. The Wisdom Fist  Name: Retsu  
Element: Light  Action: Illumination  
Form: The Disk  
Channel: Yin Qiao Mai (Yin Heel Channel)  
Correspondence: Insight, knowing, intuition, dreaming  
Imbalance: Delusions, illusions, refusal / denial of what one is seeing.

8. The Ring of the Sun  Name: Zai  
Element: thought, spirit  Action: Enlightenment  
Form: Lotus  
Channel: Yang Qiao Mai ( Yang Heel Channel)  
Correspondence: Becoming one with the universe and nature, therefore being able to alter matter.  
Imbalance: Stating enlightenment, working against one’s spiritual growth.

9. The Hidden Fist  Name: Zen  
Element: the Energy Field or Aura  Action/Form: Shadow  
Channel: the integration of all chakras and Channels creating a synthesized entity.  
Correspondence: Becoming invisible to all lowly, resentful and evil people.  
Ability to vanish in the face of disaster.  
Imbalance: Attracting the wrong people or attracting no one.